July Summer Breakfast/Lunch/Snack



ISD (5) 279

					130	213
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekend Meal bag
Dates	5-Jul	6-Jul	7-Jul	8-Jul	9-Jul	
Serving:	Cycle Week 4					
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Cereal	Goldfish Cracker and Yogurt	Cereal	Breakfast Bread/Muffin and Yogurt	Cereal	Cereal
	Fruit Juice	Fruit	Fruit Juice	Fruit	Fruit Juice	Fruit Juice
	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
	Rotini With Beef Meat Sauce	Breaded Chicken Drumstick	Italian Dunker with Marinara Sauce	Chicken Taco in a Bag	Chicken Pasta Alfredo	Manager Choice
		Cracker			Breadstick	Manager Choice
	Baby Carrots	Jicama Sticks	Celery Sticks	Baby Carrots	Broccoli Florets	Vegetable
	Fruit/Fruit Cup	Fruit/Fruit Cup	Fruit/Fruit Cup	Fruit/Fruit Cup	Fruit/Fruit Cup	Fruit/Fruit Cup
Dates	12-Jul	13-Jul	14-Jul	15-Jul	16-Jul	
Serving:			Cycle We	eek 1		
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Cereal	Goldfish Cracker and Yogurt	Cereal	Breakfast Bread/Muffin and Yogurt	Cereal	Cereal
	Fruit Juice	Fruit	Fruit Juice	Fruit	Fruit Juice	Fruit Juice
	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
	Cheeseburger	Pancakes	Turkey Pepperoni Pizza	Macaroni and Cheese	Beef Hotdog	Manager Choice
		Chicken Sausage Patty			Potato Chips	Manager Choice
	Celery Sticks	Sliced Cucumbers	Baby Carrots	Broccoi Florets	Baby Carrots	Vegetable
	Fruit/Fruit Cup	Fruit/Fruit Cup	Fruit/Fruit Cup	Fruit/Fruit Cup	Fruit/Fruit Cup	Fruit/Fruit Cup
Dates	19-Jul	20-Jul	21-Jul	22-Jul	23-Jul	
Serving:	Cycle Week 2					
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Cereal	Goldfish Cracker and Yogurt	Cereal	Breakfast Bread/Muffin and Yogurt	Cereal	Cereal
	Fruit Juice	Fruit	Fruit Juice	Fruit	Fruit Juice	Fruit Juice
	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
	Mini Chicken Corndogs	Beef Taco in a Bag	Italian Dunker with Marinara Sauce	Chicken Tenders	Orange Chicken	Manager Choice
				Potato Chips	White Rice	Manager Choice
	Baby Carrots	Jicama Sticks	Celery Sticks	Baby Carrots	Broccoli Florets	Vegetable
	Fruit/Fruit Cup	Fruit/Fruit Cup	Fruit/Fruit Cup	Fruit/Fruit Cup	Fruit/Fruit Cup	Fruit/Fruit Cup
		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Dates	26-Jul	27-Jul	28-Jul	29-Jul	30-Jul	
Serving:	Cycle Week 3					
	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	Cereal	Goldfish Cracker and Yogurt	Cereal	Breakfast Bread/Muffin and Yogurt	Cereal	Cereal
	Fruit Juice	Fruit	Fruit Juice	Fruit	Fruit Juice	Fruit Juice
	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
	Beef Taco in a Bag	Chicken Sandwich	Turkey Pepperoni Pizza	Teriyaki Chicken White Rice	Cheeseburger	Manager Choice Manager Choice
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	Celery Sticks	Sliced Cucumbers	Baby Carrots	Broccoi Florets	Baby Carrots	Vegetable

ONE OFFERED LUNCH DAILY:

* Menu subject to change based on availablilty

Peanut Butter/Sun Butter and Jelly sandwich with a cheese stick
Yogurt/Cheese stick/Cracker
* Milk will be available for Snack.